

KINGSMILLS MEDICAL PRACTICE

Covid-19

There is now a dedicated Coronavirus Service via NHS 24. For mild symptoms please visit NHS Inform <https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19> . If you've developed a new continuous cough OR fever OR loss/change in sense of smell or taste, stay at home for 10 days from the day your symptoms started. If you need to discuss these symptoms please contact the Coronavirus Service via NHS 24 by dialling 111

Please visit the website below to arrange testing if you have any of the above symptoms: <https://www.gov.uk/guidance/coronavirus-covid-19-getting-tested>

Attending the Practice

The Practice has various hand gel dispensers situated around the Practice. Please use these when entering and leaving the Practice.

We would ask that, where possible, you attend the Practice alone unless you are a parent/guardian or need to attend with a carer.

Waiting Room Seating

If you are attending the Practice for an appointment, please take note of our current seating arrangement in the waiting room.

All of the seats are spaced 2m apart to ensure social distancing and is labeled accordingly.

Please help us by following our system.

Face Coverings

From Monday 22nd June, The Scottish Government made face coverings mandatory on all public transport in Scotland. From Friday 10th July, face coverings are mandatory in shops or businesses, visits to a care home for the elderly, visits to adults in hospitals as an outpatient and GP surgeries or pharmacies where it is not always possible to main a 2 metre distance from other people.

Although it will not be mandatory for patients to wear a face covering while attending the Practice, you can do so if you wish. The Practice will not be providing masks/face coverings. We have a 2m distance policy in place and ask that whilst attending the Practice, you strictly stick to this.

It is important to recognise that not everyone can wear a face covering. People are exempt if:

- They have a disability or health condition that means they cannot put a covering on.
- A covering will cause them severe distress
- They need to communicate with someone who relies on lip reading
- They need to eat, drink or take medicine

There is no requirement to obtain evidence in the form of a letter from a doctor or government that you are exempt.

If you have a condition which means you cannot wear a face covering you need only advise if asked, that you cannot wear a face covering because you are exempt for one of the reasons listed above.

Further information and resources about face coverings can be found here:

- Scottish Government guidance: www.gov.scot/publications/coronavirus-covid-19-phase-2-staying-safe-and-protecting-others/pages/face-coverings/
- Transport Scotland guidance: www.transport.gov.scot/coronavirus-covid-19/transport-transition-plan/advice-on-how-to-travel-safely/
- Easy Read Guide from Keep Safe on face masks: www.keepsafe.org.uk/mask
- The Thistle Assistance App now supports face covering exemption message: www.thistleassistance.com/get-the-app/
- Euan's Guide Free Exemption Badges: www.euansguide.com/news/face-mask-exempt-badges/
- First Bus Exemption Card: www.firstgroup.com/uploads/node_images/face-covering-exemption-extra-help-travel-assistance-card-12-06-20.pdf
- Legal advice for disabled people is provided by the Disability Law Centre: www.disabilitylaw.scot/get-help